

I. COURSE DESCRIPTION:

Chemical dependency interferes with the healthy lifestyle of an individual, their family and their community. Students will gain an understanding of the impact of chemical dependencies on the physical, social, mental, spiritual and emotional aspects related to the consequences of addictive behaviours with theoretical and practical applications.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Categorize and differentiate between the effects of various drugs.

Potential Elements of the Performance:

- Differentiate between the major drug classifications.
- Explain effects, tolerance and withdrawal experienced under each drug classification.
- Identify specific drugs under each classification.

2. Elaborate upon the relationship between the development of dependencies and the impact of addictions on an individual.

Potential Elements of the Performance:

- Describe drug dependency signs and symptoms.
- Apply proper terminology in the chemical dependencies field.
- Identify routes of administration, paraphernalia and environmental/situational factors for their role in chemical dependency
- Demonstrate knowledge of how various fields of practice incorporate chemical dependency and the variety of substance-related problems (i.e. concurrent disorders, diversity issues, age and gender issues)

3. Compare and contrast various theories of addictions currently accepted in the field.

Potential Elements of the Performance:

- Identify strengths and limitations of accepted Theories of Addiction.
- Apply Theories of Addiction to the individual, family and community chemical dependency concerns

4. Identify the impact of addictions on the chemically dependent person's lifestyle, on the family dynamics and on community life
Potential Elements of the Performance:
 - Apply aspects of family adaptation to chemical dependency, family resiliency in relation to chemical dependency and other issues related to family assessment
 - Identify the dynamics and survival roles assumed by family members.
 - Apply the Reinforcement Theory to issues of codependency and chemical dependence.
 - Relate the connection of substance abuse and dependence to community characteristics and resources, systems of oppression, laws and policy and other macro influences.
 - Discuss the impact of addictions on society in general.
 - Apply Systems Theory to issues of substance abuse and dependence.

5. Adopt a stage-oriented perspective using a transtheoretical model to facilitate a client-centered approach.

Potential Elements of Performance:

- Demonstrate self awareness and evaluation and a knowledge base in terms of client engagement and effectiveness as a helper for issues of chemical dependency
 - Identify an individual's presenting situation within a stage-oriented model (i.e. Stages of Change model)
 - Distinguish the worker's role in each stage that individuals may present in
 - Refer individuals to appropriate services that match their identified stage in the addiction work.
 - Apply principles and methods of harm reduction where indicated as preference by individual.
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6. Utilize a comprehensive, multi-systemic approach to assessment that serves as a dynamic foundation for a professional helping relationship
 - Identify crucial elements of client information (issues, life history, strengths, motivation for change, assessment of immediate danger)
 - Define a holistic assessment as a foundation for social service practice in substance abuse
 - Differentiate screening, diagnosis and assessment
 - Characterize principles and dimensions of multi-systemic substance abuse assessment
 - Investigate the use of culturally competent tools for assessment and treatment within Native communities (ie Reconciliation Model)

7. Research, educate, access and refer to community resources in the substance abuse treatment services continuum

Potential Elements of Performance:

- Identify the levels on the substance abuse treatment services continuum
- Independently contact and research community resources
- Organize, create and present in a teaching circle on addiction related community resources
- Effective utilization of teaching circles and peer learning

III. TOPICS:

1. Development of Physical and Psychological Dependency
2. Pharmacology/Major Drug Categories
3. Impact on Chemically Dependent Person
4. Theories of Addiction
5. Impact of Addictions on Family and Macro Contexts
6. Stage – Oriented Work with Addictions, Prochaska & Declemente's Stages of Change Model
7. Client Engagement/Effective Helping Characteristics
8. Macro/Environmental Effects and Impacts relating to Chemical Dependency
9. Multi-Systemic Holistic Substance Abuse Assessments/ Aboriginal Worldview

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Fundamentals of Substance Abuse Practice by Jerry L. Johnson
Thompson Brooks/Cole Publisher

For Joshua by Richard Wagamese, Anchor Canada (A division of Random House Publisher)

V. EVALUATION PROCESS/GRADING SYSTEM:

<u>ASSIGNMENT/EXAM</u>	<u>WORTH</u>
Midterm Exam	20%
Applications/Book Review	15%
Student's Choice Assignment	15%
FASD Questions	10%
Concurrent Disorders Questions	10%
Final Exam	20%
Attendance and Participation	10%
TOTAL	100%

There will be a **MID-TERM** and a **FINAL EXAM**. The exams will not be cumulative and once information is covered on the first exam it does not appear on the second. Exams cannot be re-written to receive a higher grade. Students who miss the exam without making prior arrangements with the instructor will be given a zero on the exam. Students will be provided with a guide outlining the topics covered on each exam.

The **APPLICATION/BOOK REVIEW** requires the student to complete the autobiographical book, *For Joshua*, as supplemental reading. Students are expected to read this book on their own. Upon completion of this book, each student will produce a report that summarizes their personal reactions and applications of course material to information in the book. Details to be provided by the professor.

STUDENT'S CHOICE ASSIGNMENT : For this assignment students will choose one of four options to complete. The four options include viewing and a) responding to the video *Deadly Prescription* b) development of an information pamphlet on one specific drug, c) attendance at an open AA meeting and written report and d) media review of relevant news articles on current addiction issues.

The **VIDEO REPORT** will be written individually by each student after viewing a film in class. Students will apply material learned in class to the film presented by the instructor. Further details on this assignment will be provided in class.

FASD AND CONCURRENT DISORDERS QUESTIONS. Students will be provided with reading material related to FASD and Concurrent Disorders along with a set of questions to complete and hand in.

PARTICIPATION NOTES: This portion of the class will be assessed using the Attendance and Participation Rubric. Students will be graded on attendance for all classes, preparedness for class including assigned readings, contribution to discussions, and the ability to communicate effectively during in-class activities. Students are expected to arrive on time for all classes, and utilize D2L for course materials.

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

Late Arrival:

Arriving late is disruptive, and interferes with the learning process for others. If late arrival becomes a pattern, students may be asked to respect the learning process and wait to enter until break.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal/LMS form part of this course outline.